

DIET WINNING WAR ON TUBERCULOSIS

Gerson, German Doctor, Has
Made Remarkable Cures With
His "Mineralogen."

ENDED HIS OWN HEADACHES

That, Plus Reading Old Medical
Book by Chance, Led to Tubercu-
losis Remedy—He Bars Cooking Salt

Special Cable to THE NEW YORK TIMES.

CASSEL, Germany, Aug. 7.—For many years Dr. Max Gerson of Bielefeld has been searching for a cure for bilious headaches that made life a misery for him since boyhood—and he has discovered what is believed to be almost an infallible remedy for tuberculosis in various forms. Such was the announcement of Professor Sauerbruch, Germany's most famous surgeon, in a recent lecture before the Berlin Medical Society.

After years and years of quiet and almost secret experiments that did not spare him bitter disappointments and ridicule from the public and his friends of the profession, Dr. Gerson is at last in a position to point to numerous authentic cures from tuberculosis by his dieting method, so that there can no longer be any doubt of its effectiveness.

Many of these cases were treated under the personal supervision of Professor Sauerbruch at the latter's private clinic in Munich, and experiments were made there extending over several years. The results announced by Dr. Sauerbruch in his lecture may be epitomized thus:

First, lupus [the exterior form of tuberculosis] has been cured, even in the severest cases, within six to ten months by Dr. Gerson's diet.

Second, tuberculosis of the bones and fistulous and carious abscesses have been cured by extending the diet over a whole year and even longer.

Third, patients suffering from tuberculosis of the kidneys, eyes and tongue have been markedly improved, until able to resume their vocations, but it was necessary to keep them dieting even after improvement, perhaps to the end of their days.

Fourth, laryngophthisis cannot be treated successfully if the organs of nutrition are already affected.

Fifth, in all cases of tuberculosis of the stomach, intestines and abdomen surprisingly quick cures have been effected.

Sixth, cases of tuberculosis of the lung [in regard to which science hesitates to use the word "cure"] have been improved to such a degree that a cure might practically be pronounced.

Cassel Gives Sanatorium.

These splendid results have finally brought their reward. As already announced by cable, the city of Cassel has placed the extensive sanatorium at Wilhelmshoche at Dr. Gerson's disposal, while private philanthropists have endowed the new establishment with a large sum, enabling him to treat hundreds of tuberculosis patients where formerly only a few could benefit.

The discovery of the diet cure might be called a "medical romance" were it not that medical men refuse to countenance anything like a romance in their line. As already mentioned, Dr. Gerson from his earliest youth suffered from bilious headaches that made life a burden for him. After vainly trying all known specific cures, he set out with iron energy to investigate his own case. He soon found his body did not exude as much chlorate as that of the average healthy human.

Concluding that this must have something to do with his ailment, Dr. Gerson decided that only a change of constitution would cure him, which might be brought about by a total change of nourishment. He confined himself strictly to fruit, salad, bread, vegetables, milk and eggs—with no result whatever. Evidently his body was still retaining too much chlorate, the only remedy for which was the elimination of cooking salt from his food.

Immediate Improvement.

Immediately improvement followed and soon Dr. Gerson cured himself entirely of the bilious headaches hereditary in his family for generations. Naturally he employed the same remedy in the cases of patients complaining of bilious headaches, with equally splendid results. Patients suffering simultaneously from hereditary nervous diseases also seemed markedly improved after having been placed on the saltless diet.

After practicing on these lines for years Dr. Gerson by chance came across some old medical publication

which stated that a certain hospital in Vienna a remarkable increase of chlorate and an equally great decrease in certain other salts necessary to health had been observed in tuberculous and cancerous ulcerations. Evidently it was not sufficient for the cure of certain ailments to abstract superfluous chlorate from the body, but certain other necessary salts must be introduced.

Then Dr. Gerson began a war on new lines, the result being "mineralogen," consisting of thirteen different salts. The World War interrupted his experiments with the new remedy but peace having returned, Dr. Gerson settled down to practice in Dielefeld.

Cured In Six Months.

One of the first patients there was a man complaining of bilious headaches. He was also suffering from a ten-year-old case of lupus. Dr. Gerson put the patient on a saltless and meatless diet and gave him "mineralogen." Six months later he was cured not only of the bilious headaches but also of the lupus.

Soon after Dr. Gerson cured a man who had suffered from lupus for twenty-one years and when this patient thanked Dr. Gerson he remarked that simultaneously two tuberculous ulcerations of his knees had completely disappeared. Since then Dr. Gerson has cured hundreds of tuberculous patients with his "mineralogen."

As this cure, as already said, is connected with a strict diet lasting in some cases many months, some of the patients are inclined to give up the treatment before it has become effective in the trial cures undertaken by Professor Sauerbruch at his clinic, where he is greatly hampered by such breaches of discipline. Bavarian patients were finding life without the "forbidden" beer even more intolerable than disease and were having it smuggled into the clinic. Dr. Gerson also prohibits the consumption of meat in any form while the patients are on the diet.

This contention that chlorate or cooking salt is responsible for many ailments thought incurable until now is confirmed by many other medical men of importance.